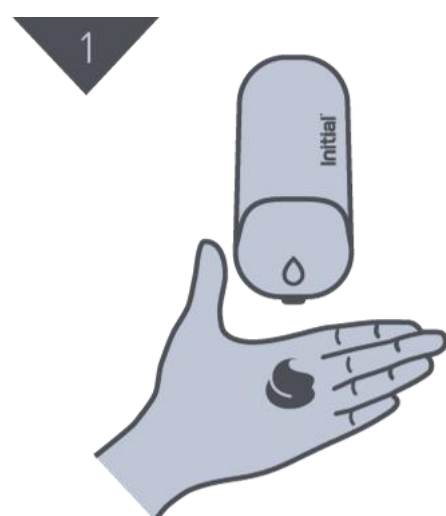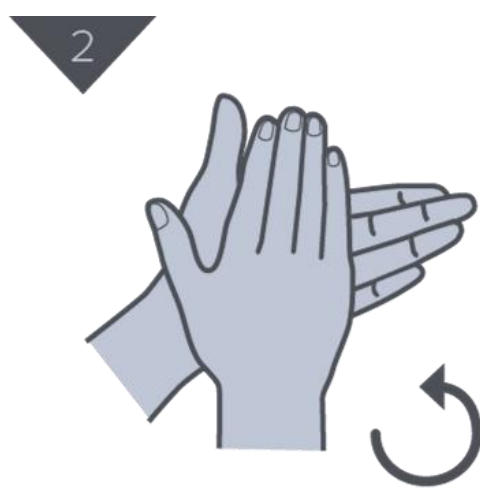# STAY SAFE FROM CORONAVIRUS BY PRACTICING SIMPLE HANDWASHING
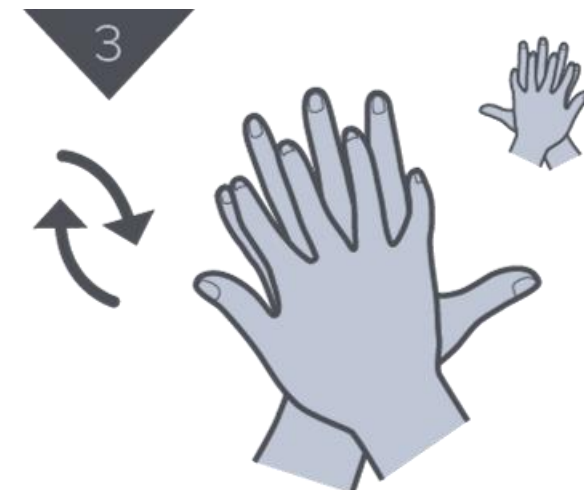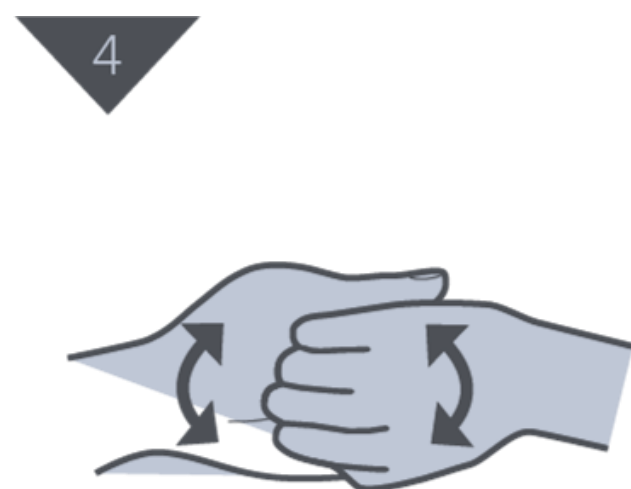
WASH YOUR HANDS OFTEN WITH SOAP AND WATER

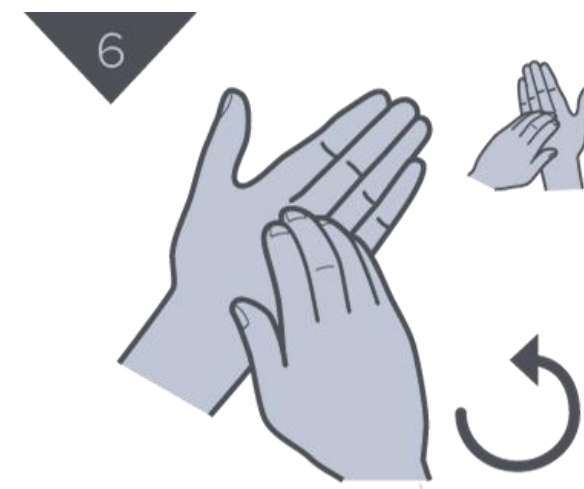**1** Wet hands and apply soap

2 Rub hands palm to palm

3 Fingers interlaced, rub palm to palm and then right palm to back of left hand and vice versa
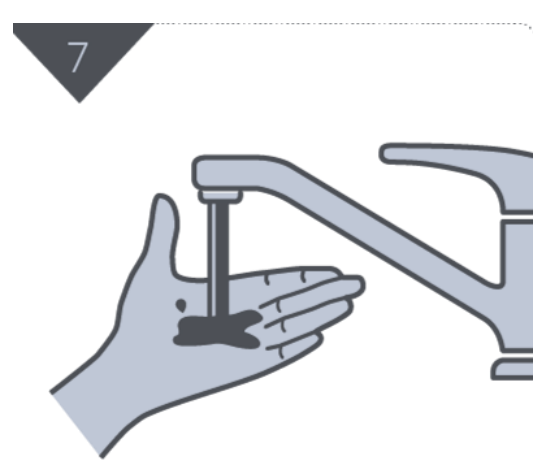
4 Cusp back of fingers into opposing palm and rub side to side

5 Close right hand around left thumb and rub thumb in rotational manner and vice versa

6 Rotational rubbing, backwards and forwards by placing fingertips of right hand in left palm and vice versa

7 Rinse hands and dry them thoroughly

TOGETHER WE CAN FIGHT CORONAVIRUS!

For further information: Contact Ministry of Health and Family Welfare, GoI's 24X7 control room number +91-11-2397 8046 or State Helpline Number: 0381-2315879 | Email at: ncov2019@gmail.com

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