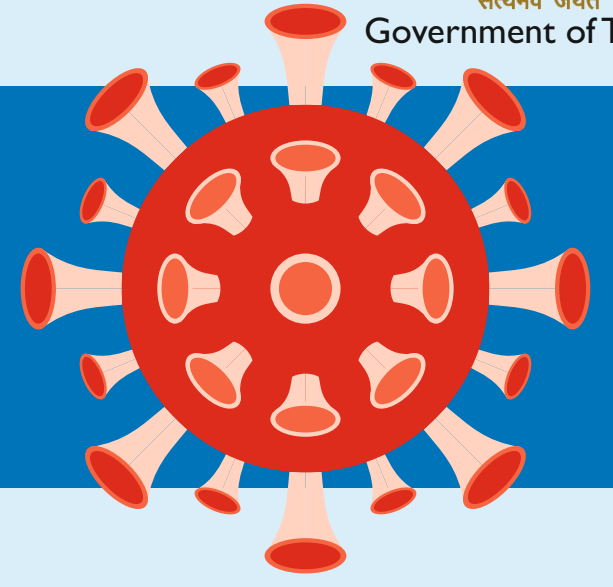


YOU CAN STOP THE SPREAD OF CORONA VIRUS



Do's



Practice frequent hand washing with soap and water or use alcohol based hand rub



Cover your nose and mouth with handkerchief/tissue while sneezing or coughing



Throw used tissues into closed bins immediately after use



Stay at home if you are sick



Consult a doctor if you feel unwell Use mask/cloth while visiting doctor



If you have flu like signs/symptoms please call State helpline number

Don'ts



Do not shake hands with anyone



Do not spit in public



Do not participate in large gatherings



Do not touch your eyes, nose and mouth frequently



For further information: Contact Ministry of Health and Family Welfare, GoI's
24 X 7 control room number: 011-2397 8046
or State Helpline Number: 0381-2315879 | Email at: ncov2019@gmail.com

