Answer Key

	SET-A			SET-B	,
1-C	31-A	61-C	1-B	31-B	61-D
2-C	32-B	62-C	2-C	32-B	62-B
3-D	33-D	63-C	3-D	33-B	63-C
4-D	34-D	64-D	4-C	34-D	64-D
5-A	35-B	65-B	5-A	35-B -	65-B
6-B	36-B	66-A	6-C	36-C	66-C
7-D	37-A	67-C	7-B	37-B	67-B
8-D	38-B	68-B	8-C	38-D	68-C
9-D	39-B	69-C	9-D	39-A	69-C
10-C	40-C	70-C	10-C	40-C	70-B
11-B	41-B	71-D	11-B	41-B	71-C
12-C	42-B	72- B	12-A	42-B	72-D
13-D	43-B	73-C	13-D	43-D	73-C
14-C	44-D	74-D	14-A	44-C	74-B
15-A	45-B	75-B	15-À	45-D	75-C
- 16-C	46-C	76-C	16-C	46-C	76-C
17-B	47-B	77-B	17-C	47-B	77-C
18-C	48-D	78-C	18-C	48-D	78-D
19-D	49-A	79-C	19-D	49-B	79-D
20-C	50-C	80-B	20-B	50-B	80-A
21-B	51-B	81-C	21-A	51-C	81-B
22-A	52-B	82-D	22-B	52-C	82-D
23-D	53-D	83-C	23-D	53-C	83-D
24-A	54-C	84-B	24-D	54-D	84-D
25-A	55-D	85-C	25-B	55-B	85-C
26-C	56-C		26-B	56-A	
27-C	57-B	we are addressed to the second	27-A	57-C	
28-C	58-D	•	28-B	58-B	
29-D	59-B		29-B	59-C	
30-B	60-B		30-C	60-C	

MPW received for Personal Registration of the Contract of the

Egw Jull

3

IIC. Director of F.W. & P. Govt. of Tripura,

Question Booklet No: 10099

Government of Tripura Health & Family Welfare Department Recruitment Examination for Multi-Purpose Worker (Male & Female): 2024

SET - A

Time: 2 hours									To	otal M	larks	: 85
Application Identity/Roll Number												
Name of Candidate:												
Date of Birth:				Date	of Ex	amina	tion:				<u>.</u>	
Centre of Examination:									_			
Signature of Candidate						Si	gnatu	re of I	nvigila	tor		
READ INSTRUCTIONS CAREFULLY BEFORE ANSWERING THE QUESTIONS												

- > Duration of examination is 2 hours (120 minutes) from 11:00 A.M. to 1:00 P.M. No extra time will be allowed to any candidate including specially able (PwD) candidates, if any.
- Any conduct of candidate that is found to be inappropriate, unruly, disturbing or disrupting, or anyway detrimental to or violative of the integrity, sanctity and secrecy of the examination process, will be considered as a deliberate recourse to unfair means, and appropriate disciplinary and/or legal action shall ensure against the candidate concerned.
- > Total number of multiple choice questions (MCQ) is 85. Each question carries 1 (one) mark.
- > 0.25 marks will be deducted for each wrong answer.
- Each MCQ will have five options, and alongside each option, a blank response-circle is appeared. Out of the aforesaid five options, anyone of the first four options is the correct answer. The fifth (the last in order) option "Do not know" shall be darkened if you do not know the correct answer.
- > Candidates must darken any of the five options (response-circles) compulsorily in respect of all the 85 questions; skipping any question without darkening any of the five circles appearing alongside the options shall invariably lead to a penal deduction of 10 marks from the candidate's overall score.
- > Darken the whole circle using exclusively black-inked ball pen against the answer opted for. Any other marks to denote the selected option /answer shall not be considered for evaluation. Example:

What is the name of your country?

A.	China	0	C. India	•	Mark if don't know	0
В.	Bangladesh	0	D. Sri Lanka	0		

- > Candidates shall not make any marks, draw any picture, image or words, symbols, etc., which do not have any relevance to or comply with the foregoing instructions. Any violation of the instructions may lead to non-evaluation of the answer script.
- > No erasing, scratching, masking, etc., to modify any answer shall be allowed.
- > An answer once made by darkening the relevant circle shall be final and absolute. Any instance of violating the instruction shall lead to an outright rejection of the answers so altered.
- No candidate shall ordinarily be allowed to leave examination hall during examination. No candidate is allowed to go out for lavatory purpose within first one hour of the commencement of examination, and half an hour of the closure of examination. Same candidate should not be allowed to go outside twice for the said purpose. Two candidates should not be allowed to go outside lavatory purpose at the same time from same hall.
- Warning bell to be ring in the Examination Centres for 5 (five) times; viz. 15 minutes before the commencement of examination, at the time of starting the examination, elapse of one hour during examination, 15 minutes before the end of examination, and at the end of examination.

1.	Which of the following dimension is NOT mentioned in the WHO definition of HEALTH?					
	(A) Physical dimension(C) Spiritual dimension) Mental dimension) Social dimension			
2.	Which of the following is NOT a behavioural d	leterm	inant of health?			
	(A) Smoking(C) Socioeconomic condition) Diet) Physical activity level			
3.	3. The health services in any health care system may be of –					
	(A) Primary care level(C) Tertiary care level) Secondary care level) All of the above			
4.	. The primary health care can be defined as the essential health care based on					
	(A) Practical methods.(C) Socially acceptable methods and technolog	gies	(B) Scientifically sound technologies(D) All the above.			
5.	The first contact of individuals with health care	syster	m is-			
	(A) Primary care level (C) Tertiary care level		Secondary care level All of the above			
6.	Which of the following centre is called First Re	ferral	Unit?			
	(A) Primary health centre(C) Sub-divisional hospital		Community health centre District hospital			
7.	Which of the following is true for a ASHA work	ker?				
	 (A) ASHA worker supervises work of Anganwa (B) ASHA worker conduct safe deliveries (C) ASHA worker covers a population of 400-8 (D) ASHA worker should be a woman with form 	800				
8.	Which of the following services are given at a A	Angan	wadi centre?			
	(A) Health check up(C) Preschool education.		Supplementary nutrition. All of the above			
9.	Explaining an eligible couple on importance of	contra	ception will involve all except-			
	(A) Inter personal communication (C) BCC	` '	IEC One way communication.			

10.	GATHER approach is related to -	
	(A) Group dynamics (C) Counselling	(B) Community organization(D) None of these
11.	Which of the following is NOT a Macro nutrient	?
	(A) Carbohydrate (C) Fats	(B) Vitamins (D) Proteins
12.	Which of the following nutritional supplement is	given along vaccines in National Immunization schedule?
	(A) Iodine (C) Vitamin A	(B) Zinc (D) Vitamin B complex
13.	Which of the following method is used in assessi Subcentre based HWC level?	ng the nutritional status of an under-five child at
	(A) Weight of the child.(C) Weight for height	(B) Height of the child.(D) Growth Chart
14.	Which of the following is a symptom of Vit A de	eficiency
	(A) Bleeding gums(C) Night blindness	(B) Bowed legs (D) Anemia
15.	Which of the following food items is a good sour	rce of iron?
	(A) Meat, fish, green leafy vegetables(C) Citrus fruits	(B) Yellow fruits (D) Milk
16.	Name the program under which iron prophylaxis	is given to children in India?
	(A) National program for iron prophylaxis(C) National Iron plus initiative	(B) National iron deficiency control program of India (D) National anaemia mukt program
17.	What is the most popular prophylactic measure to	o control Iodine deficiency disorders in India?
	(A) Screening of goitre(C) Treatment of Goitre	(B) Iodization of salt(D) Mass communication on control measures.
18.	How many steps of hand washing are there accord	rding to WHO?
	(A) 4 steps (C) 6 steps	(B) 5 steps (D) 7 steps

19.	Which of the following is NOT a criterion for sanitary latrine?				
	 (A) Fecal matter should not contaminate water. (B) Fecal matter should not contaminate soil. (C) Fecal matter should not be accessible to flies, rodents. (D) Should have proper super-structure and be accessible to water. 				
20.	Which of the following	g is NOT a criterion for sa	fe and wholesome water?		
	(A) Free from pathog (C) Free from hardne	-	(B) Free form harmful (D) Pleasant to taste	chemicals	
21.	How many categories	of biomedical wastes are t	here?	t	
	(A) 3 categories	(B) 4 categories	(C) 5 categories	(D) 6 categories	
22.	In which of the follow	ing buckets we throw shar	p wastes?		
	(A) White	(B) Red	(C) Black	(D) Yellow	
23.	In which of the follow	ing buckets we throw infe	cted wastes?		
	(A) White	(B) Red	(C) Black	(D) Yellow	
24.	Which age is considered	ed as elderly / geriatric in l	India?		
	(A) >60 years	(B) >62 years	(C) >65 years	(D) >70 years	
25.	What is the name of th	e tele-consultation helplin	e related to mental health	?	
	(A) Tele MANAS	(B) MANAS health	(C) MANOROG	(D) MANASIKHELP	
26.	Which of the following	g vaccine is NOT given at	birth?		
	(A) BCG	(B) OPV	.(C) Measles	(D) Hepatitis B	
27.	Which of the following	g vaccine is given at 9 mor	nths of age?		
	(A) OPV	(B) Pentavalent vaccine	(C) Measles	(D) Hepatitis B	
28.	How many doses of V	it-A should an under-five	child receive as per Nation	nal Immunization Schedule?	
	(A) 6	(B) 8	(C) 9	(D) 10	
29.	Which of the following	g vaccine should NOT cor	me in contact with frozen	ice packs?	
	(A) BCG	(B) OPV	(C) Measles	(D) Hepatitis B	

30.	What is the mode of	transmission of polio?		
	(A) Air borne trans (C) Vector borne tr		(B) Water borne tran(D) Direct contact	nsmission
31.	What is the mode of	transmission of tubercu	llosis?	
	(A) Air borne trans (C) Vector borne tr		(B) Water borne tran (D) Direct contact	nsmission
32.	(B) Adverse events to (C) Adverse effects	following immunization following immunization following intervention following intervention		
33.	What is the colour o	f the pack for anti-malar	rial drug for an adult malari	ia patient in Tripura?
	(A) Yellow	(B) Green	(C) Red	(D) White
34.	Which of the follow	ing centre is designated	for HIV testing?	
	(A) PPTCT centre (C) DMC		(B) DOTS centre (D) ICTC	
35.	How many sputum s	amples should you ask	a suspected Tuberculosis pa	atient to give?
	(A) Single sputum (C) 3 sputum samp		(B) 2 sputum sample (D) 4 sputum sample	
36.	Destruction of all for	rms of microorganisms	including bacterial spores i	s called?
	(A) Disinfection(C) Asepsis		(B) Sterilization (D) sanitization	
37.	Which of the follow	ing medicine is available	e at HWC based Sub centre	for management of hypertension?
	(A) Amlodipine	(B) Metformin	(C) Clotrimazole	(D) Aspirin
38.	What is the treatmen	t of choice in a case of o	diarrhoea with some dehyd	ration?
	(A) Home available (C) IV fluids	e fluids	(B) ORS (D) All of the above	
39.	(B) Occurrence of no (C) Continuous prese	umber of cases in excess umber of cases in excess ence of a disease in a ge gularly haphazardly fror	s of normal expectancy ove ographical area	r large geographic area.

40.	Prevalence of cardiovascular disease in a community means- (A) Total number of old cases of cardiovascular disease in a given time frame (B) Total number of new cases of cardiovascular disease in a given time frame (C) Total number of new and old cases of cardiovascular disease in a given time frame (D) None of the above.				
41.	How do we plot a growth chart? (A) Plot Weight of the child in Kg against age in years (B) Plot Weight of the child in Kg against age in months (C) Plot Height of the child in Kg against age in years (D) Plot Height of the child in Kg against age in months				
42.	Which of the following	g is a measure of chron	ic malnutrition in children?		
	(A) Weight for age /(C) Weight for heigh		(B) Height for age /stu (D) BMI	inting	
43.	What is the significance	ce - if the weight of an u	under-five child falls under	yellow category in growth chart?	
	(A) Normal weight (C) Moderate underw	veight	(B) Underweight (D) Severe underweight	ht	
44.	What is the significance of- if the weight of an under-five child falls under red category in growth chart?				
	(A) Normal weight (C) Moderate underw	veight	(B) Underweight (D) Severe underweigh	ht	
45.	What is exclusive brea (A) Giving only breast (B) Giving only breast (C) Giving breast milk (D) Giving only breast	t milk till 4 months milk till 6 months	ng with water.		
46.	Breast feeding should	be continued in a child	for a minimum age of-		
	(A) 12 months (C) 24 months		(B) 18 months (D) 36 months		
47.	According to article 24	4, child employment is p	prohibited till-		
	(A) 12 years	(B) 14 years	(C) 16 years	(D) 18 years	
48.	Which of the following	g diseases is covered un	der IMNCI?		
	(A) Acute Respirator (C) Malaria	y tract infection	(B) Diarrhoea (D) All of the above		
49.	As per WHO, what is	the age group of Adoles	scents?		
	(A) 10 to 19 years	(B) 10 to 18 years	(C) 14 to 18 years	(D) 12 to 18 years	

50.	what is the full form of AFHC related to adolescent health care?				
	(A) Adolescent and f (C) Adolescent friend		(B) Adolescent and family health clinic(D) Adolescent friendly health care		
51.	By which period of ge	estation early registration of	of pregnancy should be en	sured?	
	(A) By 10 weeks	(B) By 12 weeks	(C) By 16 weeks	(D) By 18 weeks	
52.	What is the name of that free of cost for preg		ided by Government of In	dia at health and wellness centers	
	(A) Nirnay pregnanc (C) Nirdharan pregna	-	(B) Nischay pregnancy test kit(D) Khushi pregnancy test kit		
53.	How would you calcu	late the expected date of d	lelivery from the last men	strual period (LMP)?	
	 (A) By adding 10 months to 1st date of last LMP (B) By adding 10 months 10 days to 1st date of last LMP (C) By adding 9 months to 1st date of last LMP (D) By adding 9 months 7 days to 1st date of last LMP 				
54.	What is prolonged pregnancy? (A) Pregnancy extending beyond 37 weeks of gestation (B) Pregnancy extending beyond 40 weeks of gestation (C) Pregnancy extending beyond 42 weeks of gestation (D) Pregnancy extending beyond 45 weeks of gestation				
55.	How many numbers o	f antenatal visits should b	e ensured as minimum for	a pregnant woman?	
	(A) At least 1 visit	(B) Minimum 2 visits	(C) Minimum 3 visits	(D) Minimum 4 visits	
56.	What should be the av	erage weight gain of a wo	omen during pregnancy?		
	(A) 6-7 Kg	(B) 7-9 kg	(C) 9-11 kg	(D) 11-12 kg	
57.	Who is considered as	'elderly primi'?			
	 (A) First time pregnant at ≥28 years (B) First time pregnant at ≥30 years (C) First time pregnant at ≥32 years (D) First time pregnant at ≥34 years 				
58.	Which of the following laboratory investigation are NOT usually available at HWC-based subcentre?				
	(A) Haemoglobin estimation (B) Urine test for all (C) Rapid malaria test (D) HIV testing			nin and sugar	
59.	Within how many hou	rs of birth the placenta sh	ould be delivered?		
	(A) Within 15 minute (C) Within 45 minute		(B) Within 30 minutes (D) Within 60 minutes		

	(A) <10 mg/dl	(B) <11 mg/dl	(C) <12 mg/dl	(D) <13 mg/dl	
61.	How many tablets of in against anaemia?	ron folic acid are to be giv	en to a pregnant women o	luring pregnancy as prophylaxis	
	(A) 100 tabs of IFA	(B) 150 tabs of IFA	(C) 180 tab of IFA	(D) 200 tab of IFA	
62.	At what blood pressure	e you are going to conside	r it a high risk pregnancy	?	
	(A) A BP of≥120/≥ (C) A BP of≥140/≥		(B) A BP of \geq 130 / \geq 90 (D) A BP of \geq 160 / \geq 10	•	
63.	What is low birth weig	ght?			
	(A) Birth weight of < (C) Birth weight of <	•	(B) Birth weight of < 2(D) Birth weight of < 3	-	
64.	What vaccine is admin	istered during pregnancy	?		
	(A) 2 doses of TT (C) 2 doses of DPT		(B) 2 doses of DT (D) 2 doses of dT		
65.	What is neonatal perio	d?			
	(A) 7 days	(B) 28 days	(C) 1 month	(D) 2 months	
66.	Name the pelvic organ	s from anterior to posterio	or in relation to pelvic floo	or.	
	(A) Bladder, vagina, (C) Uterus, vagina, b		(B) Bladder, uterus, va (D) Rectum, bladder, v	2	
67.	The graphical record of	of cervical dilatation and d	escent of head against dur	ration of labour in hours is called-	
	(A) Effacement chart (C) Partograph		(B) Cervical dilatation (D) Effacementgraph	chart -	
68.	What rate of dilation of	of cervix is considered sati	sfactory beyond 3 cm dila	tation in primigravida?	
	(A) 0.5 cm / hour	(B) 1 cm / hour	(C) 1.5 cm/ hour	(D) 2 cm / hour	
69.	What is second stage of labour? (A) Starts from 3 cm of dilatation to full dilatation of cervix. (B) Starts from full dilatation of cervix to rupture of membrane (C) Starts from full dilatation of cervix to expulsion of fetus. (D) Starts from expulsion of fetus to expulsion of placenta with its membranes				

60. What is the cut of level of haemoglobin for diagnosing anaemia in pregnant women?

70.	As per MTP act of India, by which period of gestation, pregnancy can be terminated?				
	(A) Upto 12 weeks	(B) Upto 16 weeks	(C) Upto 20 weeks	(D) Upto 24 weeks	
71.	What is the population	on covered by a subcen	tre at plain areas?		
	(A) 2000	(B) 3000	(C) 4000	(D) 5000	
72.	What is the population	on covered by a subcen	tre in hilly / tribal are	as?	
	(A) 2000	(B) 3000	(C) 4000	(D) 5000	
73.	Type A subcentre is	serves all facilities exce	ept-		
	(A) Registration of (C) Conducting deli		(B) Antenatal Care (D) Immunuzation	of mother and children	
74.	Which of the following	ng services is recently	added to a HWC base	ed subcentre?	
	(A) Screening of NO (C) Screening of Ey		(B) Screening for r (D) All of the above	nental health problems re	
75.	Under which scheme	e new services like Yog	a has been added to the	he HWC based subcentre?	
	(A) Swastha bharat (C) AYUSH scheme		(B) Ayushman Bha (D) Swastha sachet		
76.	What is the primary purpose of stock maintenance in hospitals? (A) To increase financial profits (B) To reduce the number of patients (C) To ensure uninterrupted supply of essential materials (D) To monitor hospital staff performances				
77.	What is the primary	document used for issu	ing stock to hospital o	lepartments?	
	(A) Stock ledger	(B) Indent form	(C) Invoice	(D) Purchase order	
78.	Which program prim	arily do funding on hea	alth subcentre operation	on?	
	(A) Ayushman Bhar (C) National Health		(B) Swachh Bharat (D) 15 th finance co		
79.	Who is the immediat	e supervisory level offi	cer of Health Sub cer	ntre?	
	(A) District Nodal c (C) Medical officer	officer in charge of PHC / CH	(B) Sub-district i		

80.	What is the purpose of Key performance indicators in hospitals management?				
	(A) To reduce workload(C) To focus financial performance	(B) To measure efficiency of services (D) All of the above			
81.	What is the name of the program under which adopted in India? (A) National malaria control program (B) National anti-Malaria program (C) National vector borne disease control program (D) National malaria borne disease control program	~			
82.	 What are the services/ facilities available under NTEP at HWC based subcentre level? (A) Referral of suspected symptomatic cases to nearby DMC (B) DOTS provision (C) Documentation and followup (D) All of the above 				
83.	Name the program under which leprosy paties subcentre?	ents are given free drugs through HWC based			
	(A) National leprosy control program(C) National leprosy eradication program	(B) National leprosy elimination program (D) National anti leprosy program			
84.	What is the new nomenclature (name) given	to HWC based subcentre by Government of India?			
	(A) Ayushman centre (C) Arogya Mandir	(B) Ayushman Arogya Mandir (D) Ayushman Mandir			
85.	All of the following non communicable diseasexcept-	ases are screened at HWC based subcentre level,			
	(A) Hypertension (C) Cardiac diseases	(B) Diabetes (D) Cancer			
	**	**** _X ****			

Question Booklet No: 20112

Government of Tripura Health & Family Welfare Department Recruitment Examination for Multi-Purpose Worker (Male & Female): 2024

	SET	`-B							
Ti	ime: 2 hours					Т	otal N	Iarks	: 85
A	Application Identity/Roll Number								
N	Name of Candidate:								
D	Date of Birth:	Date of	Examina	ation:					
С	Centre of Examination:								
				-				•	
	Signature of Candidate		S	ignatu	re of I	nvigila	tor	.•	
	READ INSTRUCTIONS CAREFULLY BEFO	RE AN	SWER	NG T	HE Q	UEST	IONS	5	
>	Duration of examination is 2 hours (120 minutes) from 11:00 A.M. to 1:00 P.M. No extra time will be allowed to any candidate including specially able (PwD) candidates, if any.								
Any conduct of candidate that is found to be inappropriate, unruly, disturbing or disrupting, or anyway detrimental to or violative of the integrity, sanctity and secrecy of the examination process, will be considered as a deliberate recourse to unfair means, and appropriate disciplinary and/or legal action shall ensure against the candidate concerned.									
>	Total number of multiple choice questions (MCQ) is 85. Each question carries 1 (one) mark.								
>	0.25 marks will be deducted for each wrong answer.								

- > Each MCQ will have five options, and alongside each option, a blank response-circle is appeared. Out of the aforesaid five options, anyone of the first four options is the correct answer. The fifth (the last in order) option - "Do not know" - shall be darkened if you do not know the correct answer.
- > Candidates must darken any of the five options (response-circles) compulsorily in respect of all the 85 questions; skipping any question without darkening any of the five circles appearing alongside the options shall invariably lead to a penal deduction of 10 marks from the candidate's overall score.
- Darken the whole circle using exclusively black-inked ball pen against the answer opted for. Any other marks to denote the selected option /answer shall not be considered for evaluation. Example:

What is the name of your country?

A. China	0	C. India	•	Mark if don't know	0
B. Bangladesh	0	D. Sri Lanka	0	•	

- > Candidates shall not make any marks, draw any picture, image or words, symbols, etc., which do not have any relevance to or comply with the foregoing instructions. Any violation of the instructions may lead to nonevaluation of the answer script.
- No erasing, scratching, masking, etc., to modify any answer shall be allowed.
- > An answer once made by darkening the relevant circle shall be final and absolute. Any instance of violating the instruction shall lead to an outright rejection of the answers so altered.
- > No candidate shall ordinarily be allowed to leave examination hall during examination. No candidate is allowed to go out for lavatory purpose within first one hour of the commencement of examination, and half an hour of the closure of examination. Same candidate should not be allowed to go outside twice for the said purpose. Two candidates should not be allowed to go outside lavatory purpose at the same time from same hall.
- Warning bell to be ring in the Examination Centres for 5 (five) times; viz. 15 minutes before the commencement of examination, at the time of starting the examination, elapse of one hour during examination, 15 minutes. before the end of examination, and at the end of examination.

1.	Which of the following	s is NOT a Macro nutri	ient?	
	(A) Carbohydrate	(B) Vitamins	(C) Fats	(D) Proteins
2.	Which of the following	nutritional supplemen	t is given along vaccine	es in National Immunization schedule?
	(A) Iodine (C) Vitamin A		(B) Zinc (D) Vitamin B cor	mplex
3.	Which of the following Subcentre based HWC		essing the nutritional sta	atus of an under-five child at
	(A) Weight of the chi(C) Weight for height		(B) Height of the (D) Growth Chart	child.
4.	Which of the following	is a symptom of Vit A	deficiency	
	(A) Bleeding gums(C) Night blindness		(B) Bowed legs (D) Anemia	
5.	Which of the following	food items is a good s	ource of iron?	
	(A) Meat, fish, green (C) Citrus fruits	leafy vegetables	(B) Yellow fruits (D) Milk	
6.	Name the program und	er which iron prophyla	xis is given to children	in India?
	(A) National program (C) National Iron plus	2 2 2	(B) National iron (D) National anaer	leficiency control program of India nia mukt program
7.	What is the most popul	ar prophylactic measur	re to control Iodine defi	ciency disorders in India?
	(A) Screening of goith (C) Treatment of Goith		(B) Iodization of s (D) Mass commun	alt ication on control measures.
8.	How many steps of har	d washing are there ac	cording to WHO?	
	(A) 4 steps	(B) 5 steps	(C) 6 steps	(D) 7 steps
9.	Which of the following	is NOT a criterion for	sanitary latrine?	
	(A) Fecal matter should(B) Fecal matter should(C) Fecal matter should(D) Should have proper	l not contaminate soil. I not be accessible to fl	ies, rodents.	
10.	Which of the following	is NOT a criterion for	safe and wholesome w	rater?
	(A) Free from pathogo (C) Free from hardness		(B) Free form harm (D) Pleasant to tas	

11.	How many categories of biomedical wastes are there?			
	(A) 3 categories (C) 5 categories		(B) 4 categories(D) 6 categories	
12.	In which of the following	buckets we throw shar	p wastes?	
	(A) White	(B) Red	(C) Black	(D) Yellow
13.	In which of the following	g buckets we throw infec	cted wastes?	
	(A) White	(B) Red	(C) Black	(D) Yellow
14.	Which age is considered	as elderly / geriatric in I	ndia?	
	(A) >60 years	(B) >62 years	(C) >65 years	(D) >70 years
15.	What is the name of the t	ele-consultation helplin	e related to mental health?	
	(A) Tele MANAS (C) MANOROG		(B) MANAS health (D) MANASIKHELP	
16.	Which of the following v	accine is NOT given at	birth?	
	(A) BCG	(B) OPV	(C) Measles	(D) Hepatitis B
17.	Which of the following v	accine is given at 9 mor	oths of age?	
	(A) OPV (C) Measles		(B) Pentavalent vaccine(D) Hepatitis B	
18.	How many doses of Vit-A	A should an under-five of	child receive as per National In	mmunization Schedule?
	(A) 6	(B) 8	(C) 9	(D) 10
19.	Which of the following v	accine should NOT con	ne in contact with frozen ice p	acks?
	(A) BCG	(B) OPV	(C) Measles	(D) Hepatitis B
20.	What is the mode of trans	smission of polio?		
	(A) Air borne transmiss: (C) Vector borne transm		(B) Water borne transmissio(D) Direct contact	n
21.	What is the mode of trans	smission of tuberculosis	?	
	(A) Air borne transmissi (C) Vector borne transm		(B) Water borne transmissio(D) Direct contact	n

22.	What is AEFI?				
	(A) Adverse effects follows: (C) Adverse effects follows:		(B) Adverse events following immunization(D) Adverse events following intervention		
23.	What is the colour of the	pack for anti-malarial	drug for an adult malaria pati	ent in Tripura?	
	(A) Yellow	(B) Green	(C) Red	(D) White	
24.	Which of the following of	centre is designated for	HIV testing?		
	(A) PPTCT centre	(B) DOTS centre	(C) DMC	(D) ICTC	
25.	How many sputum samp	les should you ask a su	spected Tuberculosis patient	to give?	
	(A) Single sputum sample (C) 3 sputum sample	ole	(B) 2 sputum sample (D) 4 sputum sample		
26.	Destruction of all forms	of microorganisms incl	ading bacterial spores is calle	d?	
	(A) Disinfection	(B) Sterilization	(C) Asepsis	(D) sanitization	
27.	Which of the following r	nedicine is available at	HWC based Sub centre for m	nanagement of hypertension?	
	(A) Amlodipine	(B) Metformin	(C) Clotrimazole	(D) Aspirin	
28.	What is the treatment of	choice in a case of diarr	hoea with some dehydration?	?	
	(A) Home available flui (C) IV fluids	ds	(B) ORS (D) All of the above		
29.	What is pandemic?				
	 (A) Occurrence of number of cases in excess of normal expectancy. (B) Occurrence of number of cases in excess of normal expectancy over large geographic area. (C) Continuous presence of a disease in a geographical area (D) Cases occur irregularly haphazardly from time to time 				
30.	Prevalence of cardiovascular disease in a community means- (A) Total number of old cases of cardiovascular disease in a given time frame (B) Total number of new cases of cardiovascular disease in a given time frame (C) Total number of new and old cases of cardiovascular disease in a given time frame (D) None of the above.				
31.	How do we plot a growth chart? (A) Plot Weight of the child in Kg against age in years (B) Plot Weight of the child in Kg against age in months (C) Plot Height of the child in Kg against age in years (D) Plot Height of the child in Kg against age in months				

32.	Which of the following is a measure of chronic malnutrition in children?				
	(A) Weight for age / underweight(C) Weight for height / wasting		(B) Height for age /stuntin (D) BMI	ng	
33.	What is the significance - if the weight of an under-five child falls under yellow category in growth chart				
	(A) Normal weight (C) Moderate underweig	ght	(B) Underweight(D) Severe underweight		
34.	What is the significance of	of- if the weight of	an under-five child falls under re	ed category in growth chart?	
	(A) Normal weight (C) Moderate underweig	ght	(B) Underweight(D) Severe underweight		
35.	What is exclusive breast	feeding?			
	(A) Giving only breast milk till 4 months(C) Giving breast milk till 9 months		(B) Giving only breast milk till 6 months(D) Giving only breast milk till 6 months along with water.		
36.	6. Breast feeding should be continued in a child for a minimum age of-				
	(A) 12 months	(B) 18 months	(C) 24 months	(D) 36 months	
37.	According to article 24, c	hild employment is	prohibited till-		
	(A) 12 years	(B) 14 years	(C) 16 years	(D) 18 years	
38.	Which of the following d	iseases is covered u	under IMNCI?		
	(A) Acute Respiratory to (C) Malaria	ract infection	(B) Diarrhoea (D) All of the above		
39.	As per WHO, what is the	age group of Adole	escents?		
	(A) 10 to 19 years (C) 14 to 18 years		(B) 10 to 18 years (D) 12 to 18 years		
40.	What is the full form of AFHC related to adolescent health care?				
	(A) Adolescent and familiary (C) Adolescent friendly		(B) Adolescent and family (D) Adolescent friendly he		
41.	By which period of gestat	tion early registration	on of pregnancy should be ensur	ed?	
	(A) By 10 weeks (C) By 16 weeks		(B) By 12 weeks (D) By 18 weeks		

42.	What is the name of the pregnancy test kit provided by Government of India at health and wellness centers at free of cost for pregnancy testing?				
	(A) Nirnay pregnancy to (C) Nirdharan pregnancy		(B) Nischay pregnancy test (D) Khushi pregnancy test l		
43.	How would you calculate	the expected date of d	elivery from the last menstrua	l period (LMP)?	
	(A) By adding 10 months (B) By adding 10 months (C) By adding 9 months (D) By adding 9 months (D)	to 1st date of last LMP	ast LMP		
44.	What is prolonged pregna	ancy?			
	(A) Pregnancy extending(B) Pregnancy extending(C) Pregnancy extending(D) Pregnancy extending	beyond 40 weeks of ge beyond 42 weeks of ge	estation estation		
45.	How many numbers of ar	ntenatal visits should be	e ensured as minimum for a pr	egnant woman?	
	(A) At least 1 visit(C) Minimum 3 visits		(B) Minimum 2 visits (D) Minimum 4 visits		
46.	What should be the avera	ge weight gain of a wo	men during pregnancy?		
	(A) 6-7 Kg	(B) 7-9 kg	(C) 9-11 kg	(D) 11-12 kg	
47.	Who is considered as 'eld	lerly primi'?			
	(A) First time pregnant a (C) First time pregnant a	-	(B) First time pregnant at ≥(D) First time pregnant at ≥	•	
48.	Which of the following la	aboratory investigation	are NOT usually available at l	HWC-based subcentre?	
	(A) Haemoglobin estima (C) Rapid malaria test	ation	(B) Urine test for albumin a (D) HIV testing	and sugar	
49.	Within how many hours of	of birth the placenta sho	ould be delivered?		
	(A) Within 15 minutes (C) Within 45 minutes		(B) Within 30 minutes (D) Within 60 minutes		
50.	What is the cut of level or	f haemoglobin for diag	nosing anaemia in pregnant w	omen?	
	(A) <10 mg/dl	(B) <11 mg/dl	(C) <12 mg/dl	(D) <13 mg/dl	

51.	How many tablets of iron folic acid are to be given to a pregnant women during pregnancy as prophylaxis against anaemia?				
	(A) 100 tabs of IFA (C) 180 tab of IFA		(B) 150 tabs of IFA (D) 200 tab of IFA		
52.	At what blood pressure ye	ou are going to consider	r it a high risk pregnancy?		
	(A) A BP of≥120 /≥80 (C) A BP of≥140 /≥90		(B) A BP of≥130 /≥90 mm (D) A BP of≥160 /≥100 m	•	
53.	What is low birth weight?	?			
	(A) Birth weight of < 1.: (C) Birth weight of < 2.:		(B) Birth weight of < 2 kg (D) Birth weight of < 3 kg		
54.	What vaccine is administe	ered during pregnancy?			
	(A) 2 doses of TT (C) 2 doses of DPT		(B) 2 doses of DT (D) 2 doses of dT		
55.	What is neonatal period?				
	(A) 7 days	(B) 28 days	(C) 1 month	(D) 2 months	
56.	Name the pelvic organs fi	rom anterior to posterio	r in relation to pelvic floor.		
	(A) Bladder, vagina, ute (C) Uterus, vagina, blad		(B) Bladder, uterus, vagina,(D) Rectum, bladder, vagina		
57.	The graphical record of co	ervical dilatation and de	escent of head against duration	of labour in hours is called-	
	(A) Effacement chart (C) Partograph		(B) Cervical dilatation chart (D) Effacementgraph		
58.	What rate of dilation of co	ervix is considered satis	factory beyond 3 cm dilatatio	n in primigravida?	
	(A) 0.5 cm / hour	(B) 1 cm/hour	(C) 1.5 cm/ hour	(D) 2 cm / hour	
59.	What is second stage of labour? (A) Starts from 3 cm of dilatation to full dilatation of cervix. (B) Starts from full dilatation of cervix to rupture of membrane (C) Starts from full dilatation of cervix to expulsion of fetus. (D) Starts from expulsion of fetus to expulsion of placenta with its membranes				
60.	As per MTP act of India,	by which period of gest	ation, pregnancy can be termi	inated?	
	(A) Upto 12 weeks (C) Upto 20 weeks		(B) Upto 16 weeks (D) Upto 24 weeks		

61.	What is the population covered by a subcentre at plain areas?				
	(A) 2000	(B) 3000	(C) 4000	(D) 5000	
62.	What is the popula	tion covered by a subcentre	in hilly / tribal areas?		
	(A) 2000	(B) 3000	(C) 4000	(D) 5000	
63.	Type A subcentre i	s serves all facilities except-		/	
	(A) Registration (C) Conducting d		(B) Antenatal Care (D) Immunuzation	of mother and children	
64.	Which of the follow	wing services is recently add	ed to a HWC based su	bcentre?	
	(A) Screening of I	NCD Eye and ear problems	(B) Screening for n (D) All of the abov	nental health problems e	
65.	Under which schen	ne new services like Yoga ha	as been added to the H	WC based subcentre?	
	(A) Swastha bhara (C) AYUSH sche		(B) Ayushman Bha (D) Swastha sachet		
66.	 What is the primary purpose of stock maintenance in hospitals? (A) To increase financial profits (B) To reduce the number of patients (C) To ensure uninterrupted supply of essential materials (D) To monitor hospital staff performances 				
67.	What is the primary	document used for issuing	stock to hospital depar	tments?	
	(A) Stock ledger (C) Invoice		(B) Indent form (D) Purchase order		
68.	Which program pri	marily do funding on health	subcentre operation?		
	(A) Ayushman Bh (C) National Heal		(B) Swachh Bharat (D) 15 th finance con		
69.	Who is the immedi	ate supervisory level officer	of Health Sub centre?		
	(A) District Noda (C) Medical office	officer er in charge of PHC / CHC	(B) Sub-district me (D) Community her		
70.	What is the purpose	e of Key performance indica	tors in hospitals manag	gement?	
	(A) To reduce wo		(B) To measure eff. (D) All of the above		

71.	What is the name of the program under which India?	Malaria control and elimination strategies are adopted in
	 (A) National malaria control program (B) National anti-Malaria program (C) National vector borne disease control program (D) National malaria borne disease control program 	
72.	What are the services/ facilities available under	NTEP at HWC based subcentre level?
	(A) Referral of suspected symptomatic cases to(B) DOTS provision(C) Documentation and followup(D) All of the above	nearby DMC
73.	Name the program under which leprosy patient	ts are given free drugs through HWC based subcentre?
	(A) National leprosy control program(C) National leprosy eradication program	(B) National leprosy elimination program(D) National anti leprosy program
74.	What is the new nomenclature (name) given to	HWC based subcentre by Government of India?
	(A) Ayushman centre	(B) Ayushman Arogya Mandir
	(C) Arogya Mandir	(D) Ayushman Mandir
75.	All of the following non communicable disease	es are screened at HWC based subcentre level, except-
	(A) Hypertension(C) Cardiac diseases	(B) Diabetes (D) Cancer
76.	Which of the following dimension is NOT mer	ntioned in the WHO definition of HEALTH?
	(A) Physical dimension	(B) Mental dimension
	(C) Spiritual dimension	(D) Social dimension
77.	Which of the following is NOT a behavioural of	determinant of health?
	(A) Smoking	(B) Diet
	(C) Socioeconomic condition	(D) Physical activity level
78.	The health services in any health care system n	nay be of –
	(A) Primary care level (C) Tertiary care level	(B) Secondary care level(D) All of the above
79.	The primary health care can be defined as the e	essential health care based on
	(A) Practical methods.(B) Scientifically sound technologies(C) Socially acceptable methods and technolog(D) All the above.	ies

80.	The first contact of individuals with health care system is-			
	(A) Primary care level(C) Tertiary care level	(B) Secondary care level(D) All of the above		
81.	Which of the following centre is called First Re	ferral Unit?		
	(A) Primary health centre(C) Sub-divisional hospital	(B) Community health centre (D) District hospital		
82.	Which of the following is true for a ASHA work	xer?		
	 (A) ASHA worker supervises work of Anganwadi workers (B) ASHA worker conduct safe deliveries (C) ASHA worker covers a population of 400-800 (D) ASHA worker should be a woman with formal education upto class 8. 			
83.	Which of the following services are given at a A	anganwadi centre?		
	(A) Health check up(C) Preschool education.	(B) Supplementary nutrition.(D) All of the above		
84.	Explaining an eligible couple on importance of	contraception will involve all except-		
	(A) Inter personal communication (C) BCC	(B) IEC (D) One way communication.		
85.	GATHER approach is related to -			
	(A) Group dynamics(C) Counselling	(B) Community organization(D) None of these		
	*	****X****		