OFFICE OF THE MISSION DIRECTOR
NATIONAL HEALTH MISSION
GOVERNMENT OF TRIPURA
SIHFW Building, 1st Floor, Palace Compound, Agartala

No.F.13 (3-62)-DFWPM/PHS/DEWORM/2018/ (Sub-II) Dated December 2018

To
The Regional Director,
Central Board of Secondary Education (CBSE)
Shilpo Gram Road, Near Sankar dev Kalakshetra,
Panjabari, Guwahati, Assam 781037

Subject: Request to participate all schools affiliated to CBSE in National Deworming Day February 2019

Sir,

This is with reference to the preparations for the upcoming National Deworming Day (NDD), to be held on February 8, 2019 in the state. First of all, State Health & Family Welfare department, Government of Tripura would like to thanks CBSE and its affiliated schools for participation in NDD August 2018.

Health and Family Welfare Department, Government of Tripura will observe eighth round of National Deworming Day (NDD) on February 08, 2019 followed by mop-up day on February 14, 2019 with joint efforts of Departments of Education, Social Welfare and Social Education (ICDS), Industries and Commerce department and technical assistance from Evidence Action where all children from 1-19 years of age are given deworming tablet through the platform of schools and anganwadi centers.

Deworming is significant for children as it improves their health (prevents anaemia, malnourishment, impaired mental and physical development) and leads to better education (improves attendance and retention of children in school and anganwadis) and livelihood opportunities (better adult outcomes and economic development) for them.

A detailed NDD toolkit containing operational guidelines, monitoring checklists, FAQs and Factsheets is uploaded on National Health Mission’s website. All Heads of school affiliated to CBSE are required to ensure effective implementation and increased coverage of the program.

Further you are requested to give direction to all schools affiliated to CBSE to cooperate Department of Health and Family welfare & School Education for implementing NDD in the state.

The following steps are suggested for effective coverage of targeted children with deworming tablets during the NDD round:

1. All CBSE affiliated schools to participate NDD training program at block level organize by Education department.
2. On February 08, 2019, ensure that all children of your school (1-19 years of age) chew deworming tablets (Albendazole 400mg)
3. If any child cannot chew deworming tablet on February 08, 2019; then please ensure that they chew deworming tablet on the ‘mop-up-day’ on February 14, 2019.
4. A brief note on NDD guideline is enclosed for your information (Annexure A)
5. For any query please contact Dr. Deep Kumar Debbarma, State Nodal Office (NDD) at 9862670782, nddtripura@gmail.com
Your kind cooperation is highly solicited and will enable maximum coverage of children enrolled schools affiliated to CBSE in the upcoming NDD February 2019.

Yours Faithfully,

Enclo: As stated.

(Dr. Shailesh K. Yadav, IAS)
Mission Director,
Government of Tripura

Copy to: -

1. The Director, Elementary Education department, Government of Tripura, for information
2. The Director, Secondary Education, Government of Tripura, Tripura for information
3. The Director of Family Welfare & PM department, Government of Tripura, for information
4. The State Nodal Officer, NDD, Directorate of Family Welfare & Preventive Medicine
   Government of Tripura, for information and necessary action
5. All District Education Officers - West Tripura / Khowai / Sepahijala / Gomati/South Tripura /
   Unakoti / North Tripura/Dhalai, Government of Tripura for information and necessary action
6. The State Program Manager, Evidence Action, Tripura for information

Copy forwarded to:-

1. PS to the Secretary, School Education Department, Government of Tripura for kind
   information
2. PS to the Secretary, Health & Family Welfare Department, Government of Tripura for kind
   information

(Dr. Shailesh K. Yadav, IAS)
Annexure

Brief note on NDD:

In Tripura, the National Deworming Day (NDD) program is implemented with collaborative efforts led by the Department of Health and Family Welfare (National Health Mission-NHM and Directorate of Family Welfare and Preventive Medicine - DFWPM), with support from the Department of School Education, Social Welfare and Social Education (SW&SE), Department of Higher Education and Department of Industries and Commerce Department and technical assistance from Evidence Action. The state is set to implement the eighth round of NDD on February 08, 2019 followed by mop-up day on February 14, 2019. This document is a draft operational plan which provides guidance for effective implementation of the NDD round in the state.

1. Soil Transmitted Helminths (STH), also called parasitic worms is a significant public health concern for India. Around 68% children of 1-14 years of age (22 crore) are estimated to be at risk of parasitic intestinal worm infestation. Evidence shows detrimental impact of STH infestation on physical growth, anemia, under nutrition and cognitive development as well as poor attendance at school.

2. To combat this issue, in 2015 the Government of India launched the National Deworming Day to deworm all children aged 1-19 years. It aims to improve the health and well-being of pre-school age and school age children by reducing Soil Transmitted Helminths infection through mass deworming.

3. Tripura, with more than 60% STH prevalence has to conduct biannual round of deworming as per the Government of India’s notification and WHO recommended treatment strategy. The next round of National Deworming Day in the State will be observed on February 08, 2019 followed by mop-up round on February 14, 2019.

4. During NDD August 2018 round (held on August 10, 2018), 10,59,433 children were dewormed in Tripura, which includes 1,09,226 children in private schools. State Govt. of Tripura will carry forward its convergence strategy for forthcoming February round of NDD as implied during August’18 round of NDD.

5. Since, the reduction in worm prevalence depends on high coverage amongst all children of 1-19 years of age, Health & Family Welfare Department, Government of Tripura has decided to include children up to 19 years of age enrolled in other categories of educational institutions like Industrial Training Institutes (ITI), Polytechnic Institutes, Vocational/Degree Colleges, Medical, Paramedical and other institutes for getting deworming benefits.

Drug Administration Protocols: Albendazole tablets has to be administered to children as per table given below

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Dosage (Albendazole 400 mg tablet)</th>
<th>Administration</th>
</tr>
</thead>
</table>

1 February 10, 2019 will fall on Sunday due to which all educational institutes along with anganwadis and government offices will be closed. Therefore, state has decided to conduct NDD on February 8 and mop-up day on February 14, 2019.
<table>
<thead>
<tr>
<th>1-2 Years</th>
<th>Half Tablet</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-3 Years</td>
<td>one full tablet</td>
</tr>
<tr>
<td>3 - 19 Years</td>
<td>one full tablet</td>
</tr>
</tbody>
</table>

- Drug administration should be done under supervision by Teacher/Anangwadi worker
- During intake, children should chew the tablet and if required should consume some water
- Ensure safe Drinking-Water should be available at the school/anganwadi centre on NDD
- For young children from 1-2 and 2-3 years, the tablet should be broken and crushed as per the standard dosage (between two spoons) and then safe water be added to help administer the tablet
- Instruct children to chew the tablet completely. Albendazole drugs that are not chewed or crushed may have significantly lower effectiveness

**Role of Teachers:**

- School teacher to attend the PHC level trainings at their respective division.
- School teacher to avail sufficient quantity of drugs, IEC material, reporting forms and adverse event management protocols of NDD in coordination with the specific district NDD nodal person.
- All School teachers must administer albendazole tablets to children aged 6-19 years enrolled in State Government schools, TTAAADC schools, Central Government schools (e.g. Kendriya and Navodaya Vidyalaya schools), Private schools, Aided Schools, Madrasas, SPQM Madrassa, Tribal welfare, Missionary schools, Junior Colleges and Social Welfare Schools and others if any.
- School teacher to display the “NDD date poster” in respective schools at least one week prior to NDD.
- School teachers ensure organizing essay writing competition to children aged 11-16 years on “Importance of National Deworming Day and Its benefits to children” and painting competition to children aged below 11 years.
- Also requested to run thought for the day at all schools on NDD and deworming benefits.
- Organize Rallies with school children on NDD launch day.
- A TV spot on NDD would be shared to all schools which can be shown to children prior to NDD if there is scope for the same.
- Inform the children at the morning assembly and in the classroom about deworming and having Albendazole on NDD.
- Motivate all parents.
- Teachers should keep the children for observation in school premises for at least 2 hours after consuming the Albendazole tablet.
- Share the messages on deworming at the School Management Committees and parent-teacher meetings.
- Inform parents, children, and community members about NDD messages appearing in newspapers, radio, and TV that they should watch/listen to carefully.
- Must administer Albendazole to the child themselves and not give it to the parents to take home.
- Inform parents about mild side effects and that it is expected only in children with high worm load.
• Build confidence in parents that the child will be taken under observation and care if they show any serious side effects.
• Contact nearest health centre/ MPW or call for the ambulance, in case of severe adverse events.