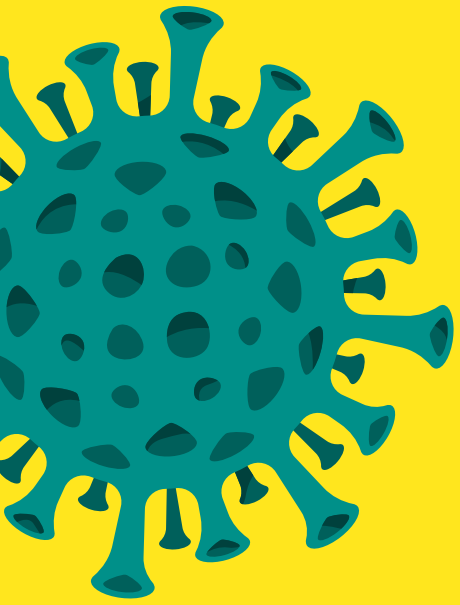


NOVEL RONA VIRUS (COVID-19)

LET'S STOP IT



**A SMALL DISTANCE, ○
MAKES THE DIFFERENCE ○**



MAINTAIN ○

at least one metre
distance with every person
in public areas



STOP ○

handshaking,
use non-contact
way of greeting



WASH ○

your hands
regularly with soap and water
for at least 20 seconds



WEAR ○

a mask only
if you have cough,
fever or running nose



AVOID ○

going to shopping
malls, gyms, cinema halls
or large gatherings



CONSULT ○

a doctor if you have any flu like
symptoms (fever, dry cough, cold
and difficulty in breathing)

For further information

Contact Ministry of Health and Family Welfare, GoI's 24 X control room number: 011-2397 8046
or State Help line Number: 0381-2315879 | Email at: ncov2019@gmail.com

