

NO.F.(5-I)/(Diet/DHS/2016-17(Vol-I))
GOVERNMENT OF TRIPURA
DIRECTORATE OF HEALTH SERVICES

Dated, Agartala the 5/4/ 2017.

M E M O

Henceforth a new diet scale for indoor patients of Modern Psychiatric Hospitals will be effective as follows:-

Special Diet No- III For patients of Modern Psychiatric Hospital	Milk	750 ml
	Sugar	30 grams
	Bread	60 grams
	Rice	375 grams
	Dal	60 grams
	Vegetable including Green leafy vegetable	300 grams
	Potato	70 grams
	Soya been	25 grams (at Dinner)
	Banana	2 nos
	Egg	1 no (at lunch)

Spices/oil etc. will be as follows:-

Salt	25grams/patients/day
Chilli	3grams
M. Oil	20ml
Hallud	3grams
Jira	1grams
Ginger	3grams
Onion	5grams
Fire Wood	900grams (for all diet).

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